**800 Mile And More Challenge- Mileage Tracking Sheet**

**January**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  | **1** | **2** | **3** | **4** |  |
| **5** | **6** | **7** | **8** | **9** | **10** | **11** |  |
| **12** | **13** | **14** | **15** | **16** | **17** | **18** |  |
| **19** | **20** | **21** | **22** | **23** | **24** | **25** |  |
| **26** | **27** | **28** | **29** | **30** | **31** |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**February**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  |  |  |  | **1** |  |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |  |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |  |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |  |
| **23** | **24** | **25** | **26** | **27** | **28** |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**March**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  |  |  |  | **1** |  |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |  |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |  |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |  |
| **23** | **24** | **25** | **26** | **27** | **28** | **29** |  |
| **30** | **31** |  |  |  |  | **Monthly Total:** |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  | **1** | **2** | **3** | **4** | **5** |  |
| **6** | **7** | **8** | **9** | **10** | **11** | **12** |  |
| **13** | **14** | **15** | **16** | **17** | **18** | **19** |  |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |  |
| **27** | **28** | **29** | **30** |  |  |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**April**

**May**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  |  | **1** | **2** | **3** |  |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |  |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |  |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |  |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**June**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |  |
| **8** | **9** | **10** | **11** | **12** | **13** | **14** |  |
| **15** | **16** | **17** | **18** | **19** | **20** | **21** |  |
| **22** | **23** | **24** | **25** | **26** | **27** | **28** |  |
| **29** | **30** |  |  |  |  |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**July**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  | **1** | **2** | **3** | **4** | **5** |  |
| **6** | **7** | **8** | **9** | **10** | **11** | **12** |  |
| **13** | **14** | **15** | **16** | **17** | **18** | **19** |  |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |  |
| **27** | **28** | **29** | **30** | **31** |  |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**August**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  |  |  | **1** | **2** |  |
| **3** | **4** | **5** | **6** | **7** | **8** | **9** |  |
| **10** | **11** | **12** | **13** | **14** | **15** | **16** |  |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |  |
| **24** | **25** | **26** | **27** | **28** | **29** | **30** |  |
| **31** |  |  |  |  |  | **Monthly Total:** |  |

**September**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  | **1** | **2** | **3** | **4** | **5** | **6** |  |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |  |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |  |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |  |
| **28** | **29** | **30** |  |  |  |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**October**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  | **1** | **2** | **3** | **4** |  |
| **5** | **6** | **7** | **8** | **9** | **10** | **11** |  |
| **12** | **13** | **14** | **15** | **16** | **17** | **18** |  |
| **19** | **20** | **21** | **22** | **23** | **24** | **25** |  |
| **26** | **27** | **28** | **29** | **30** | **31** |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |

**November**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  |  |  |  |  |  | **1** |  |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |  |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |  |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |  |
| **23** | **24** | **25** | **26** | **27** | **28** | **29** |  |
| **30** |  |  |  |  |  | **Monthly Total:** |  |

**December**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Weekly Total:** |
|  | **1** | **2** | **3** | **4** | **5** | **6** |  |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |  |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |  |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |  |
| **28** | **29** | **30** | **31** |  |  |  |  |
|  |  |  |  |  |  | **Monthly Total:** |  |